

# EMBRACE YOUR NEW *Adventure*

Medi-Cal members can access Applied Behavior Analysis (ABA) services through the Behavioral Health Treatment (BHT) benefit.

## WHAT IS ABA?

Applied Behavior Analysis (ABA) therapy provides 1:1 services for children that need support with motor skills, social skills, language, adaptive, play, executive functions, cognition, and academic areas.

## WHO QUALIFIES?

Medi-Cal covers all medically necessary behavioral health treatment (BHT), including ABA, for eligible beneficiaries. Children who have been recommended for ABA by a physician or psychologist can access services, with or without an Autism Spectrum Disorder (ASD) diagnosis.



### *Access within Weeks*

Through the BHT benefit, CAC can provide access to ABA services within weeks, not months.



### *Comprehensive Services*

Availability for children ages 5 or younger with availability Monday through Friday.



### *In-Person or Telehealth*

Serving children in-person in Temecula, San Diego, Oceanside, and Riverside. Offering telehealth services for children and families outside of in-person service areas.